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Sky Temple



Yoga in Yelapa, Mexico

with Lori Gholson

February 4-11, 2012

Imagine practicing in a secluded open-air yoga studio amidst the treetops of a tropical jungle, while enjoying one of the most expansive views Yelapa has to offer. Daily Yoga classes will focus on the preciseness of asana and the depth of pranayama. Spot whales in the bay, allow yourself to be serenaded by tropical birds and cooled by the breeze from the beach below. Enjoy hiking, swimming, and playing in the waterfall. Relish the slow pace of life in a quaint fishing village without cars and roads.

To register please contact Lori Gholson at

yogamom@casco.net

7 days, 6 nights, all accommodations and meals
\$1300*

*based on double occupancy, airfare not included

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